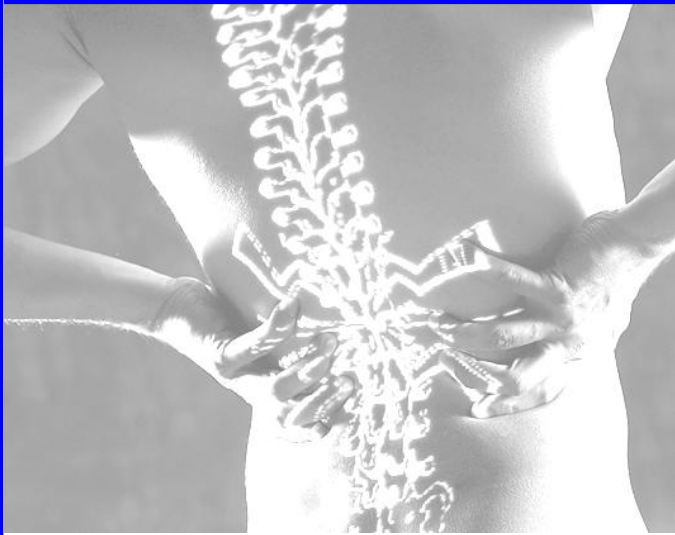


# National Chiropractic Month



## Do you sometimes have:

- Back Pain ?
- Neck Pain ?
- Recurring Pain ?
- Stiffness ?
- Lack of Flexibility ?

Your spine consists of 26 small bones snugly aligned one on top of the other. Over the years, through stresses and strains, these bones (vertebrae) can become slightly dislodged. When one of these bones moves out of place even a tiny bit, extra pressure can be put on nerves, tendons, muscles, and other parts of your back and neck. This can cause pain, discomfort, stiffness, soreness, and other problems.

While often easy to treat if caught early enough, these out of place back and neck bones (called "Subluxations") can result in more serious problems in the long run if not corrected. Doctors of Chiropractor specialize in locating and gently correcting these types of spine and neck problems, without the use of drugs or surgery.

October is nationally recognized as **National Chiropractic Month**. As part of our community education program, for the month of October we will be offering the following services at **NO CHARGE**:

- A specialized postural screening to check for spinal alignment
- A series of gentle joint and muscle tests.
- An in-depth consultation with one of our doctors who will tell you his findings and discuss with you your options.

*We encourage you to make an appointment for yourself, or for someone you care about. For appointments, please see the front desk, or call*

# 123-4567

## Westside Chiropractic Center

Address, web site,